

CSS palliative care services; new ward planned for Chiriquí hospital

When	No date given
Where	Panama; Chiriquí
Source	css
Published	2026-10-20 13:46-05:00
Discovered	2026-10-21 02:01-05:00
Link	https://prensa.css.gob.pa/2026/10/20/cuidados-paliativos-alivio-dignidad-y-calidad-de-vida-ante-enfermedades-irreversibles/

Summary

The Social Security Fund (CSS) describes its palliative care programme for patients with irreversible illnesses and says approval is advancing for two new palliative care wards, one at the Dr. Rafael Hernández Hospital in Chiriquí.

Details (summary of the article)

Panama's Caja de Seguro Social published a piece on palliative care, the service offered when treatment can no longer cure a patient. Multidisciplinary teams of doctors, nurses, social workers, mental-health specialists and pharmacists, supported by nutritionists, physiotherapists, respiratory therapists and volunteers, treat patients from newborns to the elderly. The national coordinator, Dr. Nisla Camaño Reyes, listed the main benefits: pain and breathlessness control, emotional support for families, care across hospitalisation, outpatient consultations and home visits from polyclinics, ULAPS and CAPS, and respect for the patient's wishes, including staying at home. This year the CSS opened a specialised 10-bed ward at the Dr. Arnulfo Arias Madrid Hospital Complex, and approval is advancing for two more wards, one at the Dr. Rafael Hernández Hospital in David, Chiriquí, and one at Ciudad de la Salud. Marking World Palliative Care Day on 10 October, Dr. Alice de Freitas highlighted elastomeric pumps that deliver continuous subcutaneous medication for seven days, giving outpatients more independence.

Original (es)

Cuidados paliativos: alivio, dignidad y calidad de vida ante enfermedades irreversibles

Cuando un tratamiento deja de ofrecer respuesta curativa, los cuidados paliativos se convierten en la respuesta humana y médica para