

CSS launches cancer prevention campaign in Chiriqui

When	No date given
Where	David, Chiriqui
Source	css
Published	2026-10-05 14:09-05:00
Discovered	2026-10-05 15:00-05:00
Link	https://prensa.css.gob.pa/2026/10/05/de-sobreviviente-a-portavoz-de-esperanza-el-testimonio-de-mayra-velasquez/

Summary

The Caja de Seguro Social launched its Light Blue and Pink Ribbon campaign at the Dr. Rafael Hernández hospital in David, featuring a cancer survivor's testimony and urging early screening for breast and prostate cancer.

Details (summary of the article)

The Caja de Seguro Social (CSS) press service reports that the Light Blue and Pink Ribbon campaign was launched at the Dr. Rafael Hernández Specialized Hospital Centre in David, Chiriqui. Survivor Mayra Patricia Velásquez told how she found an abnormality during a self-exam in the shower; a first biopsy came back clear, but nine months later persistent discomfort led to a second test that confirmed cancer, followed by surgery 20 years ago. She remains under regular check-ups and urged women, especially younger ones, not to be afraid of getting screened; she also lost a daughter to cancer. Hospital medical director Dr. Reinel Camargo said the campaign aims to strengthen prevention and early detection of breast and prostate cancer through screening and self-care. Lucila de Morales, head of the Chiriqui chapter of the national anti-cancer association ANCEC, restated the group's commitment to education and timely diagnosis under this year's slogan that detecting cancer in time changes the story. Residents of Boquete who use CSS services in David can seek screening there during October.

Original (es)

De sobreviviente a portavoz de esperanza: el testimonio de Mayra Velásquez

Con un mensaje de esperanza y prevención, Mayra Patricia Velásquez compartió su experiencia como sobreviviente de cáncer durante el lanzamiento