PUBLIC EVENT

Talk: Holistic & Somatic Wellbeing, Boquete Library, 16 November

When	2026-11-16 11:00
Where	Boquete Library
Source	newsboquete
Published	2026-10-30 12:38-05:00
Discovered	2026-10-30 20:00-05:00
Link	https://vive-boquete.blogspot.com/2026/10/news-boquete-naga-massage-reiki-and-tai.html

Summary

Mounir of NAGA gives a talk, 'Holistic & Somatic Wellbeing', at the Boquete library on Monday 16 November at 11 am.

Full text (English)

Library talk: on 16 November at 11 am, Mounir of NAGA will give a talk at the Boquete library titled 'Holistic & Somatic Wellbeing'.

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https://BQTWatch.BQTInfo.com/pdf/Calendar/2026-10-30_Event_Talk-Holistic-Somatic-Wellbeing-Boquete-Library-16_v1.pdf