

PUBLIC EVENT

Tai chi class at The Haven, Thursday 5 November

When	2026-11-05 12:30
Where	The Haven, Boquete
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Summary

NAGA's weekly tai chi class with Mounir runs every Tuesday and Thursday at 12:30 at The Haven in Boquete; this occurrence is Thursday 5 November.

Full text (English)

Weekly classes at The Haven: every Tuesday and Thursday at 12:30, tai chi with Mounir of NAGA. This occurrence is Thursday 5 November. Contact WhatsApp +507 6303 9091 or info@naga.care.