

OFFICIAL NOTICE

IMHPA update: high tides and winds watch on the Pacific, 28-31 October

When	2026-10-28 10:00 to 2026-10-31 23:59
Where	Pacific coast of Panama
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Summary

SINAPROC warns of high tides (up to 17.4 ft on Thursday 29 October), winds of 15-35 km/h with gusts to 40 km/h and long swell periods on the Pacific coast through 31 October 2026; the Gulf of Chiriquí is under caution conditions.

Details (summary of the article)

SINAPROC reports adverse sea conditions along the Pacific coast due to the month's maximum tides, strong winds and long swell periods, valid until 31 October 2026. For Thursday 29 October tides may reach 17.4 feet (5.3 m), with sustained winds of 15-35 km/h, gusts to 40 km/h and swell periods up to 18 seconds, per IMHPA. Conditions are adverse in the Central Pacific (Azuerro and southern Veraguas); the Western Pacific (Gulf of Chiriquí) and Eastern Pacific remain under caution. Rough seas and coastal flooding risk are possible. Advice: avoid entering the sea in strong swell, bathers should follow authorities, fishermen and boat operators should assess conditions before sailing, stay away from breakwaters, jetties and cliffs, do not remain on beaches at risk, avoid crossing flooded areas and follow official sources. Emergencies: 520-4426 / 911.

Original (es)

Aviso de prevención – Condiciones marítimas adversas por mareas altas y fuertes vientos en el Pacífico

Panamá, 28 de octubre de 2026.- El Sistema Nacional de Protección Civil (Sinaproc), informa a la población sobre condiciones marítimas adversas en el litoral Pacífico, debido a las mareas máximas del mes, vientos acelerados y periodos prolongados de oleaje con vigencia hasta el 31 de octubre de 2026. Para este jueves 29 de octubre, se [...] The post Aviso de prevención – Condiciones marítimas adversas por mareas altas y fuertes vientos en el Pacífico first appeared on Sinaproc .