

PUBLIC EVENT

AwāKIND transformational retreat in Boquete, 1-7 November

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Summary

Katherine Sophia launches The AwāKIND Experience retreat in Boquete from 1 to 7 November 2026, a small-group holistic and somatic retreat with a discount offered to local residents; two places remain.

Full text (English)

To the Boquete community: on 1 November The AwāKIND Experience launches in Boquete. After more than a decade guiding clients through inner transformation, the organiser has created a deeply transformational process. Two spaces remain and a large discount is offered to the local community. The retreat is a deep dive into the inner world, working at the level of personal belief, with somatic and holistic practices. Participants stay connected for a year afterwards with monthly meetings, and finish with a customised holistic life plan and personalised meditation/prayer. Dates: 1–7 November 2026, in Boquete, Panama. To reserve or book a free consultation call, WhatsApp +507 6630-3769. — Katherine Sophia, AwāKIND