

URGENT OFFICIAL NOTICE

Nationwide rain, thunderstorm and wind advisory extended through Friday 9 October

When	2026-10-06 to 2026-10-09
Where	Nationwide, including Chiriqui highlands
Source	sinaproc
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Link	https://www.sinaproc.gob.pa/aviso-de-prevencion-lluvias-tormentas-electricas-y-vientos-significativos/

Summary

SINAPROC has extended its prevention advisory for rain, thunderstorms and significant winds across all of Panama, including Chiriqui and the highlands, until Friday 9 October 2026, warning of flooding and landslides.

Details (summary of the article)

SINAPROC has extended its nationwide watch (land and maritime areas) for rain, storms and significant winds until Friday 9 October 2026. The IMHPA forecasts daily rainfall maxima of 25–90 mm, with 72-hour totals estimated between 75 and 270 mm. This brings risk of rising rivers and streams, urban and rural flooding, landslides and wind gusts strong enough to dislodge objects. SINAPROC advises extra vigilance around hard-to-reach school areas, avoiding risky behaviour, following only official information, not crossing rivers, streams or flooded areas even if they look shallow, not staying near rivers during heavy rain, securing loose objects, avoiding landslide- and flood-prone routes, and staying in safe places during thunderstorms, away from open ground, isolated trees and metal structures. Emergencies: 911 or Emergency Operations Center 520-4426.

Original (es)

AVISO DE PREVENCIÓN Lluvias, tormentas eléctricas y vientos significativos

El Sistema Nacional de Protección Civil (SINAPROC) informa a la población que se extiende la vigilancia en todo el territorio panameño y aéreas marítimas por lluvias, tormentas y vientos significativos con vigencia hasta el viernes 9 de octubre de 2026. El Instituto de Meteorología e Hidrología de Panamá (IMHPA) indica que se prevén acumulados máximos [...] The post AVISO DE PREVENCIÓN Lluvias, tormentas eléctricas y vientos significativos first appeared on Sinaproc .