

URGENT OFFICIAL NOTICE

Prevention advisory extended: significant rain and thunderstorms through Monday night

When	2026-10-04 to 2026-10-05 23:59
Where	Nationwide, incl. Central Cordillera and Chiriqui highlands
Source	sinaproc
Published	2026-10-04 10:01-05:00
Discovered	2026-10-05 10:00-05:00
Link	https://www.sinaproc.gob.pa/aviso-de-prevencion-lluvias-y-tormentas-significativas-3/

Summary

Sinaproc extended its nationwide prevention advisory for significant rain and thunderstorms until 11:59 p.m. Monday 5 October 2026, with heavy accumulations expected in the Central Cordillera and western Pacific, which includes the Chiriqui highlands.

Details (summary of the article)

The National Civil Protection System (Sinaproc) reports that the prevention advisory for Significant Rain and Thunderstorms is extended, valid until 11:59 p.m. on Monday 5 October 2026, for the national territory and maritime zones. According to Panama's Institute of Meteorology and Hydrology, due to a high degree of atmospheric instability and the arrival of tropical wave No. 50, significant rainfall accumulations are expected, mainly in sectors of the Central Cordillera, the Western Pacific and the province of Veraguas. Rain remains possible in other parts of the country, given soils saturated by recent rainfall. Sinaproc warns of possible flash flooding of rivers and streams, landslides, urban and rural flooding, lightning and wind gusts. Recommendations: avoid crossing rivers, streams or flooded areas during heavy rain; stay away from landslide-prone and unstable ground; do not shelter under trees, metal structures or in open areas during electrical storms; secure objects that could be blown away; stay informed through official channels and follow authorities' instructions. Coordination with response agencies is maintained. In an emergency call 911 or 520-4426. Panama, 4 October 2026.

Original (es)

Aviso de prevención Lluvias y tormentas significativas

El Sistema Nacional de Protección Civil (Sinaproc) comunica que se extiende el aviso de prevención por Lluvias y Tormentas Significativas, con validez hasta las 11:59 p.m. del lunes 5 de octubre de 2026, para el territorio nacional y zonas marítimas. De acuerdo con el Instituto de Meteorología e Hidrología de Panamá se informa que debido [...] The post Aviso de prevención Lluvias y tormentas significativas first appeared on Sinaproc .